

Monarch Planting List: Midwest Edition - IA, IL, IN, MN, MO, OH, WI

Species name	Common name	Monarch Value	Growth Habit	Bloom (x) Monarch Presence (orange)									Commercially available	
				Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Seeds	Live Plants
<i>Agastache nepetoides</i>	yellow giant hyssop	High	forb/herb, subshrub			x	x	x	x	x		x	x	
<i>Amorpha canescens</i>	leadplant	High	shrub, subshrub			x	x					x	x	
<i>Amsonia tabernaemontana</i>	eastern bluestar	High	forb/herb	x	x	x								x
<i>Apocynum cannabinum</i>	Indianhemp	High	forb/herb			x	x	x	x				x	
<i>Asclepias incarnata</i>	swamp milkweed	Very High	forb/herb			x	x	x	x	x	x	x	x	x
<i>Asclepias ovalifolia</i>	oval-leaf milkweed	High	forb/herb			x	x	x						
<i>Asclepias purpurascens</i>	purple milkweed	High	forb/herb			x	x	x				x	x	
<i>Asclepias speciosa</i>	showy milkweed	High	forb/herb			x	x	x	x	x		x	x	
<i>Asclepias sullivantii</i>	prairie milkweed	High	forb/herb			x	x	x				x	x	
<i>Asclepias syriaca</i>	common milkweed	Very High	forb/herb			x	x	x				x	x	
<i>Asclepias tuberosa</i>	butterfly weed	Very High	forb/herb			x	x	x	x	x		x	x	
<i>Asclepias verticillata</i>	whorled milkweed	Very High	forb/herb			x	x	x	x	x		x	x	
<i>Bidens aristosa</i>	bearded beggarticks	Very High	forb/herb					x	x				x	
<i>Bidens laevis</i>	smooth beggartick	High	forb/herb				x	x	x	x	x			
<i>Blephilia ciliata</i>	downy pagoda-plant	High	forb/herb			x	x	x	x			x	x	
<i>Blephilia hirsuta</i>	hairy pagoda-plant	High	forb/herb			x	x	x	x	x		x	x	
<i>Boltonia asteroides</i>	white doll's daisy	High	forb/herb				x	x	x	x	x	x	x	x
<i>Brickellia eupatorioides</i>	false boneset	High	forb/herb, subshrub				x	x	x	x	x		x	x
<i>Cirsium discolor</i>	field thistle	High	forb/herb				x	x	x	x			x	x
<i>Cirsium flodmanii</i>	Flodman's thistle	High	forb/herb				x	x	x	x				
<i>Cirsium muticum</i>	swamp thistle	High	forb/herb				x	x	x	x			x	
<i>Conoclinium coelestinum</i>	blue mistflower	High	forb/herb				x	x	x	x	x	x	x	x
<i>Coreopsis palmata</i>	stiff tickseed	High	forb/herb				x	x	x				x	x
<i>Coreopsis tripteris</i>	tall tickseed	High	forb/herb				x	x	x	x	x		x	x
<i>Dalea candida</i>	white prairie clover	High	forb/herb, subshrub		x	x							x	x
<i>Delphinium tricorne</i>	dwarf larkspur	High	forb/herb	x	x								x	x
<i>Dicentra cucullaria</i>	dutchman's breeches	High	forb/herb	x	x								x	x
<i>Doellingeria umbellata</i>	parasol whitetop	High	forb/herb				x	x	x	x	x	x	x	x
<i>Echinacea angustifolia</i>	black samson echinacea	High	forb/herb			x	x	x					x	
<i>Echinacea pallida</i>	pale purple coneflower	High	forb/herb			x	x	x				x	x	
<i>Echinacea purpurea</i>	eastern purple coneflower	Very High	forb/herb	x	x	x	x	x	x	x		x	x	
<i>Eryngium yuccifolium</i>	rattlesnake master	High	forb/herb			x	x	x	x	x		x	x	

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<i>Eupatorium altissimum</i>	tall thoroughwort	Very High	forb/herb			x	x	x					x	x	
<i>Eupatorium perfoliatum</i>	common boneset	High	forb/herb			x	x	x	x	x			x	x	
<i>Eupatorium serotinum</i>	late-flowering thoroughwort	Very High	forb/herb					x	x	x	x	x	x	x	x
<i>Eutrochium fistulosum</i>	Trumpetweed	High	forb/herb			x	x	x							x
<i>Eutrochium maculatum</i>	spotted joe pye weed	Very High	forb/herb			x	x	x	x				x	x	
<i>Eutrochium purpureum</i>	sweetscented joe pye weed	High	forb/herb			x	x	x					x	x	
<i>Helianthus annuus</i>	common sunflower	Very High	forb/herb			x	x	x	x				x	x	
<i>Helianthus giganteus</i>	giant sunflower	High	forb/herb			x	x	x						x	
<i>Helianthus grosseserratus</i>	sawtooth sunflower	Very High	forb/herb			x	x	x	x	x	x	x	x	x	x
<i>Helianthus maximiliani</i>	Maximilian sunflower	High	forb/herb			x	x	x	x	x	x	x	x	x	x
<i>Helianthus pauciflorus</i>	stiff sunflower	High	forb/herb			x	x	x					x	x	
<i>Helianthus strumosus</i>	Paleleaf woodland sunflower	High	forb/herb			x	x	x					x	x	
<i>Helianthus tuberosus</i>	Jerusalem artichoke	High	forb/herb			x	x	x	x	x	x	x	x	x	x
<i>Helianthus ×laetiflorus</i>	cheerful sunflower	High	forb/herb			x	x								
<i>Heliopsis helianthoides</i>	smooth oxeye	High	forb/herb			x	x	x	x				x	x	
<i>Krigia biflora</i>	twoflower dwarfdandelion	High	forb/herb		x	x	x	x							x
<i>Liatris aspera</i>	tall blazing star	Very High	forb/herb			x	x		x	x			x	x	
<i>Liatris cylindracea</i>	Ontario blazing star	Very High	forb/herb			x	x		x				x	x	
<i>Liatris ligulistylis</i>	Rocky Mountain blazing star	Very High	forb/herb			x	x		x	x			x	x	
<i>Liatris punctata</i>	dotted blazing star	High	forb/herb			x	x	x	x	x	x	x	x	x	x
<i>Liatris pycnostachya</i>	prairie blazing star	High	forb/herb			x	x	x	x	x	x	x	x	x	x
<i>Liatris scariosa</i>	devil's bite	High	forb/herb			x	x	x					x	x	
<i>Liatris spicata</i>	dense blazing star	High	forb/herb			x	x	x					x	x	
<i>Lilium superbum</i>	turk's-cap lily	High	forb/herb			x	x	x	x	x				x	
<i>Lithospermum canescens</i>	hoary puccoon	High	forb/herb	x	x	x									x
<i>Lobelia siphilitica</i>	great blue lobelia	High	forb/herb			x	x	x	x	x	x	x	x	x	x
<i>Mertensia virginica</i>	Virginia bluebells	High	forb/herb	x	x	x	x						x	x	
<i>Monarda fistulosa</i>	wild bergamot	High	forb/herb, subshrub		x	x	x	x	x	x	x		x	x	
<i>Monarda punctata</i>	spotted bee balm	High	forb/herb, subshrub	x	x	x	x	x	x	x			x	x	
<i>Oligoneuron rigidum</i>	stiff goldenrod	High	forb/herb			x	x	x	x	x	x	x	x	x	x
<i>Onosmodium bejariense</i>	western marbleseed	High	forb/herb			x	x							x	
<i>Phlox divaricata</i>	wild blue phlox	High	forb/herb	x	x	x							x	x	

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<i>Phlox glaberrima</i>	smooth phlox	High	forb/herb		x	x	x						x	x	
<i>Phlox paniculata</i>	fall phlox	High	forb/herb				x	x	x					x	
<i>Physostegia virginiana</i>	obedient plant	High	forb/herb						x	x	x	x	x	x	
<i>Rubus flagellaris</i>	northern dewberry	High	subshrub			x	x								
<i>Rudbeckia hirta</i>	blackeyed Susan	High	forb/herb				x	x	x	x	x		x	x	
<i>Silphium integrifolium</i>	wholeleaf rosinweed	High	forb/herb					x	x	x			x	x	
<i>Silphium laciniatum</i>	compassplant	High	forb/herb					x	x	x			x	x	
<i>Silphium perfoliatum</i>	cup plant	High	forb/herb					x	x	x			x	x	
<i>Sium suave</i>	hemlock waterparsnip	High	forb/herb					x	x	x			x	x	
<i>Solidago canadensis</i>	Canada goldenrod	High	forb/herb							x	x	x	x	x	
<i>Solidago nemoralis</i>	gray goldenrod	High	forb/herb				x	x	x	x	x		x	x	
<i>Solidago speciosa</i>	showy goldenrod	Very High	forb/herb						x	x				x	x
<i>Symphyotrichum cordifolium</i>	common blue wood aster	High	forb/herb				x	x	x				x	x	
<i>Symphyotrichum laeve</i>	smooth aster	High	forb/herb						x	x	x		x	x	
<i>Symphyotrichum novae-angliae</i>	New England aster	Very High	forb/herb						x	x	x		x	x	
<i>Symphyotrichum oolentangense</i>	skyblue aster	High	forb/herb, subshrub						x	x	x		x	x	
<i>Symphyotrichum pilosum</i>	hairy white oldfield aster	High	forb/herb						x	x	x		x	x	
<i>Verbena stricta</i>	hoary verbena	High	forb/herb				x	x	x				x	x	
<i>Vernonia baldwinii</i>	Baldwin's ironweed	High	forb/herb					x	x	x	x	x		x	
<i>Vernonia fasciculata</i>	prairie ironweed	High	forb/herb					x	x	x			x	x	
<i>Veronicastrum virginicum</i>	Culver's root	High	forb/herb				x	x	x				x	x	

Citation: USDA, NRCS. 2015. The PLANTS Database (<http://plants.usda.gov>, 8 January 2016). National Plant Data Team, Greensboro, NC 27401-4901 USA.